

COURSE REPORT

NAMIBIA

20th – 24th October 2014

Report Presented by: Dr. Mark Pulletz

COSECSA Oxford Orthopaedic Link (COOL)

This Primary Trauma Care course is part of a project funded through the Health Partnership Scheme, which is funded by the UK Department for International Development (DFID) for the benefit of the UK and partner country health sectors and managed by the Tropical Health Education Trust (THET). The project is called the COSECSA Oxford Orthopaedic Link (COOL). More information is available at www.ndorms.ox.ac.uk/cool.php.



PTC



Primary Trauma Care Course- Ondangwa 20-24 October 2014

Venue : Oshoto Pension Hotel , Ondangwa, Namibia

Model : 5 Day PTC Course Format

Introduction

Namibia is a country with an approximate 2.3million population and sadly ranks as the Number 1 in the world in terms of deaths from motor vehicle accidents(MVAs) per 100000.

Northern Namibia has the greater proportion of the population with two referral hospitals (Onandjokwe and Oshakati). The most cases of trauma emanate from MVAs and this has been attributed to bad driver attitudes.

On this background it was very important and essential to run these trauma courses so as to improve patient care and management.

The Course

This was the second PTC course following that of 1 September to 5 September done at the UNAM school of medicine, of which I was a participant.

Participants were drawn from surrounding hospitals and they were mainly doctors.

Day 1 and 2 had 12 participants that included an Anaesthetist and a General Surgeon as well as 3 registered nurses. The majority of the group had no prior trauma training.

Organisation of the course was done with assistance of Dr M Pulletz-PTC and logistics -Dr Shadreck Sibanda, Dr Sydney Mukondomi and Dr Alex van de Horst (local team.)

Dr Ed Morris assisted with instructing throughout the five days. Days 1 and 2 had 4 instructors. (need to increase the local instructor base)

Data collection was done by Dr Mark Pulletz throughout the course. This course was described by participants as simple, relevant and refreshing – a must do for all health care workers who have not had recent trauma training.

Day 3 saw the training of 6 instructors that included 1 registered nurse.

Day 4 and 5 had a bigger group that consisted of 2 nurses and 22 final year medical students. The new instructors had the chance of teaching PTC principles and I am glad to say the course went well.

The PTC principles were well received and widely accepted and the course continues to be a great success.

As PTC Namibia we hope to do another PTC course in January 2015 at Oshakati Hospital to enable us to reach more health care workers and increase the number of Instructors.

The list of participants can be made available email drssibanda@gmail.com



Group photo



Instructors Day

Compiled by Dr Shadreck Sibanda

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