

**REPORT OF PRIMARY TRAUMA CARE COURSE ON 8<sup>TH</sup>-10<sup>TH</sup> NOVEMBER 2012 HELD AT CPSP REGIONAL CENTRE KPK, PESHAWAR, PAKISTAN.**

**Purpose:**

Due to increasing incidence of casualties in Afghanistan and KPK and poor management at the initial trauma site it was decided to conduct this course for Afghan and our local Doctors .

**Executive Summary:**

Three days primary trauma course was conducted and arranged by Prof. Dr. Arif , Chairman PTC Factuality KPK in collaboration with Prof. Saeed Minhas, National PTC Co ordinator, IMC Afghanistan and MSF Afghanistan. Ten doctors from Afghanistan were sponsored by the International medical Core, one by MSF Afghanistan, while remaining participants were local Doctors. Three day course was conducted successfully at CPSP regional centre, Peshawar on above dates. Course was completed successfully by the participants and certificates were awarded on last day by Chief Executive Hayat Abad Medical Complex Peshawar, Prof. Dr. Zubair . Prof. Dr. Saeed Minhas joined the PTC Factuality on third day .

**Staff involved in Planning:**

Key staff involved in planning of this course were Dr. Minhas, PTC National Co ordinator, Prof. Arif Khan, PTC Provincial Co ordinator & Dr. Jill John-Kall, Medical Director IMC-Afghanistan

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**Professional Aspect:**

Afghan and local doctors were trained in how to deal with trauma patients at primary site with the help of course contents, by teaching skills and by guiding to bring change in attitudes towards the traumatized patients, with the hope to improve the initial resuscitation and survival of the trauma victims.

**Course Participants:**

1	Dr Laiqullah	IMC/ECHO	Afghanistan
2	Dr Ghulam Said	IMC/ECHO	Afghanistan
3	Dr khan Muhammad	IMC/ECHO	Afghanistan
4	Dr Waheed Ahmad	IMC/ECHO	Afghanistan
5	Dr Dost Muahammad	IMC/ECHO	Afghanistan
6	Dr Muhammad Yousuf Roudwal	HN-TPO	Afghanistan
7	Dr Shahzada	AMI	Afghanistan
8	Dr Abdul Manan	SCA	Afghanistan

9	Dr Noor Ullah	IMC	Afghanistan
10	Dr.Rizwanullah	IMC	Afghanistan
11	Dr Mahboobulah	MSF	Absent
12	Dr Aminullah	MSF	cheque
13	Dr. Zahid Wazir	Ortho "A" HMC	Peshawar
14	Dr. Syed Hamad Ali Shah	Ortho "A" HMC	Peshawar
15	Dr. Muhammad Naeem Shah	Ortho "A" HMC	Peshawar
16	Dr. Hidayat Ullah	Ortho "A" HMC	Peshawar
17	Dr.Asad Nabi	G.Surgery HMC	Peshawar
18	Dr. Kashif Nabi	G.Surgery HMC	Peshawar
19	Dr. Saeed Ahmad	G.Surgery HMC	Peshawar
20	Dr. Sami Ullah	G.Surgery HMC	Peshawar
21	Dr. Wajeeha Munir	Anesthetist HMC	Peshawar
22	Dr. Muhammad Irfan butt	Anesthesia HMC	Peshawar
23	Dr.Shaukat Hussain	G.Surgery HMC	Peshawar
24	Dr.qadir ullah	Anesthesia HMC	Peshawar
24	Dr syed Asad Maroof	A&E KTH	Peshawar

**Course Instructors:**

1. Prof. Dr. Mohammad Arif.
2. Dr. Fiyyaz Akhter Qureshi.
3. Dr. Alamzeb Durrani.
4. Dr. Shahzad Khan.
5. Dr. Sameer Kabir.
6. Dr. Masood.
7. Dr.Saeed Minhas.

**Details of Activity:**

The three day PTC course was planned at CPSP regional center Peshawar. The course participants got themselves registered for the course before or in the morning of 8<sup>th</sup> November 2012. Course started at 8.30 am with the recitation from Holy Quran. Followed by the introduction of instructors, all the participants introduced themselves. Dr. Arif started the session with the introduction of PTC. Session continued with the PTC lectures, teaching Skills stations and scenario stations. In between, two times tea and lunch were served to the participants and first day ended at 3.30 pm. The Second day course started at 8.30 am and continued with the series of Lectures, scenario and skills

stations and ended at 3.30 pm. refreshments and lunch was also served on second day of course. Dinner was served at Pearl Continental hotel Peshawar on 9<sup>th</sup> November for all the participants and instructors of the course.

On the 10<sup>th</sup> of November instructor's course was conducted. Dr saeed Minhas joined the session and took two hours in the morning teaching trauma management. Instructor course started at 10 am and continued the whole day consisting of lectures, & practical sessions rotations including how to give lectures, teaching skills , discussion groups, and scenario leading stations. In between tea and lunch were served to all the participants. The course ended with the certificate distribution ceremony. Chief Executive HMC Prof. Dr. Zubair distributed the certificated among the participants. The course ended with the refreshments and good will.

**Subsidiary Activities:**

A Course dinner was arranged and served for all course participants, instructors and leading surgeons of the city.

**Media Coverage:**

Media coverage was intentionally avoided due to law and order situation and because of foreign Afghan doctors on the course hence no media coverage was arranged for this occasion.

**Contents of the Course:**

**Date: Nov 8<sup>th</sup>, 2012**

08:30-08:45	ABCDE of Trauma and Primary Survey	Dr. M Arif Khan
08:45-09:10	Airway and Breathing	Dr. Fayyaz Qureshi
09:10-09:20	Circulation and Shock	Dr. Shahzad Akbar
09:20-09:30	Demonstration Scenario	All
09:30-10:00	Chest Injuries	Dr. Alam Zeb Durrani
10:00-10:30	Secondary Survey Demonstration	Dr. Sameer
10:30-11:00	<b>Tea Break</b>	
11:00-12.00	Scenarios Practice	All
12:30-13.30	Teaching skills Basic and Advanced Airway Surgical Airway	

	Chest Drains / Needle Decompression / Log roll	
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**Nov 9<sup>th</sup>, 2012**

08:30	Head Injuries	Dr. Sameer
09:00	Spinal Injuries	Dr. M. Arif Khan
09:30	Abdominal	Dr. Shahzad
10:00	Limb Injuries	Dr. Alam Zeb
10:30	<b>Tea Break</b>	
11:00	Scenarios	All
12:00	Paediatrics and Obstetrics	Dr. Fiyaz Qureshi
12:30	Burns	Dr. Masood
1.00 pm	Disaster management	Dr. Minhas
8.00 PM	COURSE DINNER AT PEARL CONTINENTAL HOTEL	

### **INSTRUCTOR COURSE PROGRAM**

**10th Nov 2012**

<b>9.00 am</b>	<b>Introduction</b>	<b>Prof Saeed Minhas</b>
<b>9.10am</b>	<b>How adults learn</b>	<b>Prof Fayyaz Qureshi</b>
<b>9.25</b>	<b>Asking questions</b>	<b>Prof. Shahzad Akbar</b>
<b>9.40</b>	<b>Feed back</b>	<b>Prof. Alamzeb Durrani</b>
<b>10.00</b>	<b>Presentation</b>	<b>Prof. Mohammad Arif Khan</b>
<b>10.20</b>	<b>Presentation style</b>	

<b>10.40</b>	<b>Tea break</b>	
<b>11.00</b>	<b>Teaching a skill</b>	<b>Dr. Sameer</b>
<b>11.15</b>	<b>Scenarios</b>	<b>Dr. Masood</b>
<b>11.30</b>	<b>Language issues</b>	<b>Prof. Fayyaz Qureshi</b>
<b>11.45</b>	<b>practical session</b>	<b>All</b>
<b>13.00</b>	<b>Summary and feedback</b>	<b>Prof Alamzeb/ Fayyaz Qureshi</b>
<b>13.30</b>	<b>Certificate distribution</b>	

**Critique forms;**

Feed back was obtained from students and most of them were satisfied with course contents, material taught, instructors performance, environment and teaching aids. Most of the participants wrer of the view that more manikins should be there for teaching skills.

**Teaching aids and material provision:**

All the participants were provided with the printed PTC manual, Instructors manual and a CD containing all the PTC course contents along with the pictures.

Submitted.

Prof .Dr . Mohammad Arif.  
Chairman PTC Factuality KPK  
Pakistan.