

PTC – Provider’s and Instructors Course at Combined Military Hospital (CMH) Sialkot, Pakistan

Introduction

Sialkot is an Industrial city of Pakistan which is located in the north-east of the Punjab province at the foothills of snow-covered peaks of Kashmir near the Chenab River. The city is about 125 km north-west of Lahore which is the second largest city of Pakistan.

PTC provider’s course was organized at the Combined Military Hospital (CMH), Sialkot, Pakistan on 6-8 Jan 2012. The CMH was established pre indo-pak partition (1947) with 350 beds. Later on, it was upgraded to 500 beds in 1966. In 2004 CMH Sialkot was upgraded to 600 beds and Class “A” Hospital according to Military standards. It caters to emergencies received from Sialkot City and surrounding towns like Sambrial, Daska, Pasroor, Shakargarh and Narowal District. The hospital has 47 doctors and 18 emergency first responders onboard. It is currently upgrading its Trauma center.

The course was organized in liaison between PTC Sind and faculty at CMH Lahore and Sialkot.

Course Summary

The course started with an Inaugural ceremony which was attended by senior military and civilian officials and prominent doctors from Sialkot. The chief guest was the Garrison Commander Sialkot Maj Gen Zubair Mahmood Hayat, H I (M). The Garrison Commander appreciated the team for organizing such an event that would help health providers deliver better care in their respective positions.



| Faculty with Garrison Commander and Senior Officers

Faculty

1. Brig Dr. M Salim – Orthopaedic Surgeon (CMH Sialkot)
2. Dr. Saeed Minhas – Orthopaedic Surgeon (JPMC Karachi)
3. Lt Col. Naveed I Malik – Orthopaedic Surgeon (CMH Lahore)
4. Dr. Mohsin-e-Azam – Orthopaedic Surgeon (MMIH Karachi)
5. Lt Col Dr. Naveed Asif (Course Co-ordinator) – Pathologist (Admin Officer CMH Sialkot)



Program

PRIMARY TRAUMA CARE

Sailkot

January 6-7 & 8 2012

2 Days PTC Foundation and 1 Day Instructors Course

Day 1 - Friday, 6th January 2012

TIME	TOPIC	INSTRUCTOR
08:30 am to 08:40 am	Bismillah & Inauguration + Pre course MCQ	BRIG MUHAMMAD SALIM
08:40 am to 08:50 am	PTC Mission & Faculty Introduction	DR SAEED MINHAS
08:50 a.m. to 09:10 a.m.	Local Trauma Perspective	DR SAEED MINHAS
09:10a.m. to 09:030 am	PTC System & ABCDE of Trauma	BRIG MUHAMMAD SALIM
09:30 to 09:45 am	Demo. Scenario and Q&A	FACULTY
09:45 to 10:15 a.m.	Airway and Breathing	LT COL NAVEED I MALIK
10:15 to 10:45 a.m.	Circulation & shock	DR MOHSIN E AZAM
10:45 to 11 am	Tea Break	
	SKILLS STATION	
11:00 to 12:30 p.m.	1. Basic Airway	BRIG AMANAT
	2. Advanced Airway	DR SAEED MINHAS
	3. Chest Drain	LT COL NAVEED I MALIK
	4. C-Spine control and Log Roll	DR MOHSIN E AZAM
12:30 to 01:30Pm	Juma Prayers and Lunch Break	
1:30 to 1:00 p.m.	Secondary Survey	DR MOHSIN E AZAM
2:00 to 2:30 p.m.	Chest Injuries	DR SAEED MINHAS
2:30 to 2:45 p.m.	Tea Break	
2:45 to 4:00 p.m.	Primary Survey Scenarios	FACULTY
4:00 to 4:15 p.m.	Overview and Summary	BRIG MUHAMMAD SALIM

PRIMARY TRAUMA CARE COURSE

Day 2 - Saturday 7th January 2012

TIME	TOPIC	INSTRUCTOR
8:30 to 9:00 a.m.	Head and Spinal Injuries	DR SAEED MINHAS
9:00 to 9:20 a.m.	Limb injuries	BRIG MUHAMMAD SALIM
9:20 to 9:40 a.m.	Burns	DR MOHSIN E AZAM
9:40 to 10:00 a.m.	Abdominal injuries	LT COL NAVEED I MALIK
10:00 to 10:15 a.m.	TEA BREAK	
10:15 to 10:45 a.m.	Disaster management	DR SAEED MINHAS
10:45 a.m. to 12:25 p.m.	WORKSHOPS	
	1. Analgesia	BRIG KHALID ZAEEM
	2. Safe Transportation in Trauma	LT COL NAVEED I MALIK
	3. Triage	DR MOHSIN E AZAM
	4. Trauma Registry	DR SAEED MINHAS
12:25 to 12:45 p.m.	LUNCH BREAK	
12:45 to 1:15 p.m.	Trauma in children and pregnant women	PROF IRFAN MEHBOOB
1:15 to 2:15 p.m.	SKILLS STATIONS	
	1. Extrication of Helmet	DR SAEED MINHAS
	2. Pelvic sling	PROF IRFAN MEHBOOB
	3. Intra osseous canulation	DR MOHSIN E AZAM
	4. Radiology of C- Spine	DR SAEED MINHAS
2:15 to 2:30 p.m.	TEA BREAK	
02:30 to 2:45 p.m.	Post- course MCQ's	FACULTY
2:45 to 3:45 p.m.	Secondary Survey Scenarios	BRIG MUHAMMAD SALIM
3:45 to 4:00 p.m.	Summary and evaluation	LT COL NAVEED I MALIK

PRIMARY TRAUMA CARE COURSE (Instructors)

Day 3 - Sunday 8th January 2012

TIME	TOPIC	INSTRUCTOR
8:30 to 8:40a.m.	Introduction	DR SAEED MINHAS
8:40 to 9:00 a.m.	How adults Learn	DR SAEED MINHAS
9:00 to 9:15 a.m.	Asking Questions	DR SAEED MINHAS
9:15 to 9:30 a.m.	Feedback	DR SAEED MINHAS
9:30 to 10:00 a.m.	Presentation Styles and Lecture	DR MOHSIN E AZAM
10:00 to 10:30 a.m.	TEA BREAK	
10:30 to 10:45 a.m.	Disussion Group	FACULTY
10:45 to 11:00 a.m.	Teaching a Skill	FACULTY
11:00 to 11:15a.m.	Scenario	FACULTY
11:15 a.m. to 1:15 p.m.	WORKSHOPS	
	Discussion Group	FACULTY
	Lectures	DR MOHSIN E AZAM
	Teaching a Skill	DR SAEED MINHAS
	Scenario	BRIG MUHAMMAD SALIM
1:15 to 2:00 p.m.	LUNCH BREAK	
Certificate Distribution Ceremony and Close		

Participants

S. No.	Name	Department
1	Brig. Dr. Amanat Khan	CMH Sialkot
2	Brig. Dr. Khalid Z Aslam	CMH Sialkot
3	Lt Col. Dr. Maqbool Raza	CMH Sialkot
4	Lt Col. Dr. Athar Abbas Gillani	CMH Sialkot
5	Maj. Dr. Ejaz Rahim	CMH Sialkot
6	Maj. Dr. Hannan Masud	CMH Sialkot
7	Maj. Dr. Nadeem Mumtaz	CMH Sialkot
8	Maj. Dr. Rehana Yasmeen	CMH Sialkot
9	Capt. Dr. Malik Waseem Baber	CMH Sialkot
10	Capt. Dr. Sajid Shahzad	CMH Sialkot
11	Capt. Dr. Faraz Ahmad	CMH Sialkot
12	Capt. Dr. Samra Iram	CMH Sialkot
13	Dr. Faiza Islam	CMH Sialkot
14	Dr. Huma Toufique	CMH Sialkot
15	Dr. Farhan Akbar	Allama Iqbal Memorial Hospital, Sialkot
16	Dr. Imran Hakim Din	Allama Iqbal Memorial Hospital, Sialkot
17	Dr. Syed Naveed Tahir	Allama Iqbal Memorial Hospital, Sialkot
18	Dr. Ghulam Sarwar Cheema	Allama Iqbal Memorial Hospital, Sialkot
19	Dr. Zawar Shafi	Allama Iqbal Memorial Hospital, Sialkot
20	Dr Ghulam Murtaza	Allama Iqbal Memorial Hospital, Sialkot
21	Dr. Zahid Ghani Dar	Govt Sardar Begum Hospital, Sialkot
22	Dr. Naeem Ul Hassan Awan	Govt Sardar Begum Hospital, Sialkot
23	Dr. Muhammad Khalid	Civil Hospital, Daska
24	Dr. Muhammad Javed	Civil Hospital, Daska



Feedback and Results

The course went smoothly over three days with ample time for discussions. The faculty and participants enjoyed the friendly interactive environment.

Feedback from the participants was generally good to very good and they really appreciated the interaction with the faculty. They all showed interest in having more scenario based teaching which could help them more in the common situations they encountered in their respective positions. Many participants expressed their desire to join as faculty in the upcoming courses.

All the participants improved upon their results in the post course MCQ test.

The Commandant CMH Brig Abdul Waheed Khan took personal interest in the proceedings and participated in the course. He expressed his profound pleasure in the way the course was conducted. The course was closed in a ceremony which was attended by the Station Commander Sialkot, Brig. Muhammad Saleem Soekarno.

Rega || [Participants and Faculty](#)

Dr Mohsin-e-Azam