



PRIMARY TRAUMA CARE
1st Regional South Asia Meeting
KING EDWARD MEDICAL UNIVERSITY,
LAHORE, PAKISTAN
January 4 to 6, 2007

Executive Summary

- A meeting of representatives of PTC from the South Asian region along with trustees of Primary Trauma Care Foundation UK was held at KEMU, Lahore
- The background organisation for this course was conducted by the Sind PTC group while the local host was Prof Syed Mohammad Awais.
- The inaugural ceremony and dinner were held in the KEMU library hall and the Punjab Minister of Health was the Chief Guest. This provided an opportunity to bring awareness of the work and principles of PTC to a larger audience.
- The plenary sessions and the recommendations of the break-out groups provided valuable insights into the dissemination of PTC in the South Asian Region and the experiences generated there from.
- Chairman PTC in his summing up made suggestions for the reorganisation of PTC in Pakistan and recommended that this be the template for the structuring of PTC in the other South Asian countries.
- It was proposed that the next regional meeting be held in Sri Lanka in a year.



Background

Primary Trauma Care has found fertile ground in the South Asian region. In Pakistan within a span of 2 years Chapters have been established in each Province and in India a well established chapter in Vellore has been complemented by a robust group in Delhi which has a regular series of Courses to its credit.

Following the success of a regional meeting in South America and at the urging of the Delhi and the Sind Chapters, the Trustees of the Primary Trauma Care Foundation UK announced a regional meeting in Lahore.

The purpose of the meeting was to take stock of the progress of PTC in the South Asian region and to allow instructors to share experiences and reinforce each other's efforts to spread PTC.



Participants

OVERSEAS FACULTY

1. **Prof. P. Beavis** U. K Prof of Orthopaedics & Trustee PTC UK
2. **Sir Terence English** U. K Patron of PTC.
3. **Prof. James de Courcy** U. K Anaesthetist & Trustee PTC UK
4. **Prof. Douglas Wilkinson** U. K Anaesthetist & Chairman of PTC U.K
5. **Dr. Rebecca Jacob** India Anaesthetist & Chair of PTC India
6. **Dr. Rajesh Gongal** Nepal Chairman, PTC Nepal
7. **Dr. Rajendra Prasad** India Chairman, PTC New Delhi
8. **Dr. Tarun Sahni** India General Surgeon, New Delhi
9. **Dr. Ranjith Ellawala** Sri Lanka General Surgeon & Chair of PTC Srilanka
10. **Dr. Hapuarachchi Shirani** Sri Lanka Anaesthetist & Founder PTC Sri Lanka

NATIONAL FACULTY

1. **Dr. Shams Nadeem Alam** General Surgeon, Karachi
2. **Dr. M. Arif Khan** General Surgeon, Peshawar
3. **Dr. Sabina Shibli** Anaesthetist, Karachi
4. **Mr. Naveed Shinwari** PTC volunteer Peshawar
5. **Mr. Tahir Ali** PTC volunteer Peshawar
6. **Dr. Abdul Rashid Panjwani** Anaesthetist, Karachi
7. **Dr. Saeed Minhas** Orthopaedic Surgeon, JPMC, Karachi
8. **Dr. Shariq Ali** Plastic Surgeon, DUHS, Karachi
9. **Dr. Rashid Jooma** Neurosurgeon, JPMC, Karachi
10. **Dr. Nurul Haq** Anaesthetist, ASH & KM&DC, Karachi
11. **Dr. Bushra Shirazi** General Surgeon, Ziauddin Hospital, Karachi
12. **Dr. Khalil Shibli** Anaesthetist, Ziauddin Hospital, Karachi
13. **Prof. Awais Syed Muhammad** Orthopaedic Surgeon, KEMU, Lahore
14. **Prof Arshad Cheema** Orthopaedic Surgeon, KEMU, Lahore
15. **Dr. Abul Fazl** Gen Surgeon, Allama Iqbal Univ. Lahore
16. **Dr. Mohammad Aziz Wazir** Peshawar
17. **Dr. Alamzeb Durrani** Orthopaedic Surgeon, Peshawar
18. **Dr. Mahmud Aurangzeb** General Surgeon, Peshawar
19. **Dr. Ghulam Haider** Medical Officer, AKHSP, Gilgit.
20. **Dr. Nisar Hussain** Medical Officer, AKHSP, Gilgit.
21. **Dr. Mohammad Imran** Medical Officer, AKHSP, Gilgit.
22. **Prof. Arbab Rasool** General Surgeon & Chairman, PTC, Quetta
23. **Prof Haji Manzoor** Plastic Surgeon, Quetta



Programme

Thursday 4th January 2007

INAGURATION AT KEMC AUDITORIUM

Assembly 7:00 PM

Welcome address **Prof Awais**

History of PTC **Dr. Douglas Wilkinson**, Chairman PTC Foundation

PTC in India and Pakistan **Prof John Beavis**

Speech by Chief Guest

Dinner

FRIDAY 5th JANUARY

SESSION I

9:00 AM to 10:30 AM **Reports from Regional Chapters** (10 mins each)

Delhi (**Tarun Sahni**), Vellore (**Rebecca Jacobs**),

Sri Lanka (**Ranjit Ellawala**), Nepal (**Rajesh Gongal**)

Peshawer (**Arif Khan**), Quetta (**Arbab Rasool**)

Karachi (**Rashid Jooma**), Lahore (**Arshad Cheema**)

10:30 AM to 10:45 AM Tea/Coffee

SESSION II

10:45 AM to 1:00 PM **Developing PTC for First Responders**

(Moderator : **Dr James Decourcy**)

Rescue 1122 in Lahore **Dr. M. Usman**

Punjab experience **Prof Arshad Cheema**

Sind experience **Dr Saeed Minhas**

Open discussion

Consensus & Recommendations

1:00 PM to 2:00 PM Lunch/Prayer Break

SESSION III

2:00 PM to 5:00 PM **Review of the PTC Provider Course**

Break out groups followed by Plenary

Group Leaders:

Rashid Punjwani (Airway & Breathing)

Khalid Shibli (Circulation & Shock)

Shams Alam (Chest Injuries)

Ranjit Ellawala (Abdominal trauma)

Saeed Minhas (Limb trauma)

Rajendra Prasad (Head and spinal trauma)

Bushra Shirazi (Paediatrics & Obstetrics)

Shariq Ali (Burns)

Junaid Razzak (Disaster Management)

SATURDAY 6th JANUARY 2006

SESSION IV

9:00 AM to 12:PM **Plenary Talks**

1. The District Hospital as focal point for PTC – the Sind Experience:

Prof R. Jooma

2. The Challenge of Sustainability of PTC Courses: Perspective from Delhi & Vellore :

Dr. R. Prasad & Dr. R. Jacobs

3. The Role of PTC in Disaster Preparedness By:

Dr Shariq Ali

4. Role of PTC in enhancing road safety :

Dr. Junaid Razzak

5. Audit to evaluate the impact of PTC:

Dr. James DeCourcy

6. Summation and the way forward:

Dr. Douglas Wilkinson

SESSION V

12:00 to 1:00 PM **Closing Ceremony.**

Certificates / Souvenirs.

LUNCH



Points Arising:

1. The opening ceremony, presided by Punjab Health Minister, **Chaudhry Iqbal**, and conducted by **Prof Awais** allowed an airing of PTC principles and introduction of its Foundation and the UK Trustees to a larger audience. The Punjab Health Minister assured all assistance for introducing PTC in the province.

2. At the first session of the PTC Regional Meeting, the various chapters of the region presented their experiences and reported on their activities. The enthusiasm of all chapters was evident and much appreciated. During discussion it was felt that:

- PTC should be introduced at undergraduate level and medical students encouraged to participate.
- As PTC moves forward in the region, quality assurance issues need to be addressed and acceptable standards enforced
- Certification on completion of the provider course should be contingent on achieving a pass grade in the post-course MCQ Test.
- PTC Courses should be arranged in concert with professional society meetings.



3. Experiences with training of pre-hospital care providers were presented and it was agreed that this a worthwhile area for PTC to be engaged in. It was felt that the existing Manual should suffice for such courses with alteration in the skills imparted to suit the non-medical personnel.

4. The participants considered the various segments of the PTC Course in small groups and suggestions were made to improve the presentations. A template was suggested for a presentation on Disaster Management to be incorporated into the PTC slide collection. James DeCourcy will collate these suggestions and try to accommodate these suggestions without changing the sequence of the slides.



5. The final session brought forth suggestions for PTC to focus on District Hospitals for training of physicians dealing with victims of trauma. Maintaining the non-commercial ethos of PTC and yet ensuring financial viability was considered and it was agreed that fundraising and modest participant charges to cover expenses was legitimate. Developing the role of PTC in disaster management and leadership in the area of road safety were considered. Thoughts on auditing the impact of PTC courses were presented.

6. Doug Wilkinson appreciated the energy of PTC in South Asia. He suggested an organisational model in which for each nation the focus of activity be a provincial/zonal Group (as presently in Pakistan) and along with this there be a National Committee with representation from the participating Groups. The latter Committee would liaise with the relevant authorities and encourage PTC within the nation.

7. The meeting ended with a group photograph which would be circulated by Prof Awais

