



**Primary Trauma Care Course,
Sheikh Zayed Medical College
Rahim Yar Khan Pakistan
14th and 15th April 2010**

Two day course was organised to introduce and teach the concepts and principles of PTC to the specialists and teaching faculty of Sheikh Zayed Medical College Rahim Yar Khan, remote and backward district of Punjab bordering Sindh and Baluchistan Provinces.

The course was result of an ongoing communication between PTC National Coordinator Pakistan Prof Rashid Jooma, Chairman PTC Sind and Principle Sheikh Zayed Medical College.

Prof Irfan Mehboob Prof of Orthopaedic surgery was the local course coordinator. As the course participants were senior clinicians and faculty members it was decided to do extensive two day course from 8.30am to 6pm covering two day basic PTC course in one and half day and Instructors course, after lunch session on second day. Manikins, equipments, IT support and digital imaging facilities were organised by PTC Sind.

Manuals and other printed material including MCQs, Evaluation forms, Certificates, registration slips etc were also arranged by the PTC Sind.

Course Instructors:

Dr Saeed Minhas, Chairman PTC Sind & Orthopaedic Surgeon Karachi.

Dr Shams Nadeem Alam, Course Director PTC, General Surgeon Karachi.

Dr Irfan Ashraf General Surgeon & Medical Educationist. Karachi.

Dr Faisal Hussain Orthopaedic Surgeon Lahore.

Overall Timetable

Wednesday 14th April 2010

Arrival of PTC Instructors from Karachi and Lahore at Rahim Yar Khan by air at 8.30 am received by Hospital representatives and proceeded to Shaikh Zayed hospital.

Inaugural Session of PTC course at 9 Am on 14th April 2010



Inaugural session was held at comfortable auditorium of Medical College with all the college and hospital faculty present in this first session. The hall was large enough to accommodate all the participants. The hall was decorated with colourful welcome banners for PTC course Instructors and participants. PTC banners were also seen at different places of college and hospital. Principal of Sheikh Zayed Medical College Professor Saeed was the chief guest and Medical superintendent of hospital was guest of honour.



Prof Irfan Mehboob presented Local trauma perspective and highlighted trauma conditions in Lower Punjab. Dr Shams delivered introductory speech and presented PTC mission and concept to audience, and introduced Instructors. Principal S.Z Medical College in his speech appreciated the efforts of PTC teams for selecting the remote district of Punjab for PTC course and made commitment to continue this course in their hospital and district. Dr Saeed Minhas made presentation on Primary Survey and ABCDE of trauma. A demo scenario was also staged by the PTC Instructors. This was the last presentation of Inaugural session followed by high tea. Only registered participants 24 in number were allowed for sessions after tea. Participants were General Surgeons, anaesthetist, orthopaedic, Paediatric surgeon and few residents from surgery and Anaesthesia. All participants attended PTC course with great enthusiasm. All the lectures were very interactive and different methods were used with and without multimedia.



Participants took active part at skill stations, discussions and scenarios. Second day course was started at 8.30 am and PTC basic course was finished by lunch at 1pm. PTC Instructors course was started after lunch at 1.45 pm. Medical college faculty members and teachers were the participants, who took active part in learning and practicing teaching skills of PTC. Residents and medical officers were not involved in PTC Instructors course. Course finished at 5.30 pm followed by meeting of PTC instructors and formation of local committee and future action plan was discussed.



The course was closed by Dr Saeed Minhas, who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course. Following that the certificates were handed over to the participants by principal Medical College. During this final session, we received some enthusiastic remarks, and the general feeling amongst the participants was that PTC is a very good concept which deserves implementation throughout the region and beyond.

Faculty left Rahim Yar Khan same evening after the course for Karachi and Lahore.

Accommodation and Social events

All visiting instructors of the course stayed in the Guest House. Facilities were excellent and very impressive. A very well organized gala dinner and entertaining musical night was arranged for visiting Instructors, course participants and local faculty.

PTC Faculty with Local coordinators



Acknowledgements

We are thankful to Principal SZM College and Orthopaedic department of S Z Medical College for very good organization and hospitality. Hilton Pharma , Effroze Pharma and others for their continuing supports in these efforts. Finally I would like to thank my fellow instructors Dr Shams, Dr Irfan and Dr Faisal for making all the necessary arrangements and for their invaluable

input during the course. The course would not have been such a success if it were not for them.

Dr Saeed Minhas
Associate Professor Orthopaedic Surgery
Jinnah Post Graduate Medical Centre
Karachi, Pakistan