



Primary Trauma Care Course, Post Graduate Medical Institute, Lahore.

29th and 30th March 2009

A Primary Trauma Care UK course was organised to introduce and teach the concepts and principles of PTC to the Residents and Senior Registrars of Lahore General Hospital, the teaching hospital attached to Post Graduate Medical Institute, Lahore. The course was the result of an ongoing communication between PTC Sind Chairperson Dr Saeed Minhas, Prof. Abu Bakar Siddiq and the main force behind the course was Principal PGMI Prof. Farukh Zaman Khan.



Faculty members in Action

It was kept in mind that the level of course should not be an exhaustive exploration of clinical traumatology but to remain focused on the ABCDE of resuscitation. The format and contents of the lectures, small group discussions and the skill stations were kept realistic with the appropriate models and equipment. However in the wake of an alarming increase in bomb blast injuries being brought to the hospitals recently a special session on Bomb Blast Injuries was arranged after the conclusion of the course. Teaching faculty from PGMI participated actively. Lectures were delivered by Dr Omar Adil on types of blast injuries, Prof. Mohammad Iqbal on Chest and abdominal trauma, Prof. Khalid Bashir on airway and lung injuries, Dr Saeed Minhas on Mass casualties, Prof Nazir Ahmed talked about Head injuries, Limb trauma by Prof. Muhammad Tariq Sohail, and Prof. Salman Waris talked about Uro-genital injuries. At the beginning of the course on the first day Prof. Abu Bakar Siddiq Course Director made presentation about local perspective of trauma patients being brought to the emergency of Institute and their management issues.



Instructors- skills stations- Participants

Course organiser Dr Faisal Nazeer Hussain actively liaised with the other Instructors of the course. Manikins, equipments, IT support, meals, refreshments and digital imaging facilities were arranged by the Learning Resource Center of Department of Orthopaedic Surgery PGMI and SJ& G Pharma provided the meals and refreshments for the participants. Manuals and other printed material including MCQ's, Evaluation forms, Certificates, registration slips etc were arranged by the LRC Orthopaedics and facilitated by SJ&G.

Course Instructors:

- Dr Saeed Minhas JPMC, Karachi.
- Prof Abu Bakar Siddiq PGMI, Lahore.
- Dr Arshad Taqi FMH, Lahore
- Dr Pervaiz Iqbal, FPGMI, Lahore.
- Dr Faisal Nazeer Hussain, PGMI, Lahore.

PTC course was held at the comfortable meeting hall in new emergency block LGH. Teaching aids like OHP, Flip Charts, White boards, Multimedia and Laptops were used. The hall was large enough to accommodate all the participants and the skills stations. Dr Saeed Minhas delivered the introductory speech and reiterated the mission of PTC UK in organizing trauma awareness, teaching, training and research in this neglected field.

Thirty seven registered Doctors attended the two days of the Foundation PTC course with great enthusiasm. There was a balanced mix of senior and junior doctors from different wards of the LGH with main participation from the Orthopaedics and General Surgery.



Prof Farukh Zaman Khan giving away the certificates and group photograph.

The course was closed by Course Director Prof Abu Bakar who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course especially Dr Saeed Minhas who had come all the way from Karachi for this purpose only. Following the symposium on Bomb Blast Injuries

certificates were awarded to the participants by the Principal PGMI Prof. Farukh Zaman Khan. In his remarks he stressed the need to learn latest techniques for the young doctors. Later he thanked the faculty and the participants. The participants appreciated the content of the course and the efforts of the faculty especially the course organizer. They felt that the skill stations and the interactive discussions were the best learning activities.

Acknowledgements:

I am especially indebted to Dr Saeed Minhas and the Course Director Prof Abu Bakar Siddiq whose constant support made conduction of this course possible at such a short notice. Dr Arshad Taqi brought the manikin for the airway station. The unmitigated efforts of all the residents from the Orthopaedics were a catalyst for me. I hope we will be able to conduct this course regularly in future for new residents.

**Dr Faisal Nazeer Hussain (Course Organisor)
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