

PTC REPORT

3rd PIMS PTC Workshop, June 28-29, 2011

We are proud to submit the report of two day PTC provider workshop, conducted by the department of Orthopaedics in collaboration with the department of General Surgery at Pakistan Institute of Medical Sciences (PIMS), Islamabad.

The purpose of the course was to introduce and teach the fundamental principles of primary trauma care. Keeping in view the current geopolitical situation the importance of such a course cannot be underestimated. A six member team of PTC instructors hailing from different hospitals of Islamabad conducted the workshop. 28 participants including both senior and junior doctors from the surgery & allied specialties were selected for the course.

Dr. Imran Sikandar Khan, Professor of Orthopaedics was the course director, with Dr. Tanveer khaliq Professor of General Surgery & Dr Rizwan H. Malik were the co-ordinator. The course comprised of theoretical sessions and hands on training stations for basic life saving skills as prescribed by Primary Trauma Care Foundation and group discussions. Every effort was made to learn from previous experiences and to maintain the appropriateness of the course to local needs.

Following is the list of participants;

| | |
|----------------------|-------------------------|
| DrZubair Ahmed Memon | Dr Shujaat Ali Shah |
| Dr Rida | Dr Syed Imtiaz Ali Shah |
| Dr Sana Sharafat | Dr Javeria Usman |
| Dr Sumair Nasim | Dr Nousheen Saleem |
| Dr Zofishan Jabeen | Dr Shaista Zafar |
| Dr Hena Hidayat | Dr Ana Jalil |
| Dr Naveed Gul | Dr Syed Tanseer Asghar |
| Dr Nadeem Qureshi | Dr Yasir Habib |
| Dr Kashif | Dr Muhammad Hanif |
| Dr Seema Shafiq | Dr Faisal Qayyum |
| Dr Naveed Ahmed | Dr Amra Farrukh |
| Dr Asif Raza | Dr Shah Hussain |
| Dr Abdul Razzaq | Dr Muhammad Zubair |
| Dr Imtiaz ul Haq | Dr Abdul Basit Alkamali |

Following instructors were involved in delivering lectures and hands on training;

Prof Imran Sikandar Khan FRCS, Professor and Head of Department of Orthopaedics.
Prof Tanveer Khaliq FRCS, Professor of General Surgery.
Dr Kamal Nasir FRCA, Associate Professor of Anesthesia.
Dr Rizwan Hameed Malik FRCS, Assistant Professor of Orthopaedics.
Dr Mumtaz Niazi FCPS, Assistant Professor of General Surgery.
Dr Farid Zimri FCPS, Consultant Orthopaedic Surgeon.

The workshop was a great success both in terms of involvement of participants and dedication of the instructors. All the participants showed keen interest and enthusiasm despite the exhaustive schedule of the workshop. This was reflected in the improvement in their Post workshop MCQ scores. The pre -

course MCQ mean score was 5/10 and post-course MCQ mean score was 8/10. Please check out the video recording of 'management of Mock patient' by clicking the following links;

pre-training <http://www.youtube.com/watch?v=qqKaIXJfgdI>

& post training <http://www.youtube.com/watch?v=OM1hE1W0-aI>

Workshop was also widely reported in local and national electronic and print media, scanned copy of news report is also attached herewith. The closing ceremony was attended by Professor Mehmood Jamal, Executive Director Pakistan Institute of Medical sciences. He appreciated the efforts of organizers and stressed the need for arranging similar workshops more frequently.

In general, the course was appreciated and according to the feedback given by the participants, they wanted more time for the practical stations. Practical stations were areas that simulated interest. Most of the participants suggested that PTC like courses should be held routinely. An interesting feature of the course was the mock patient scenario which was actively participated.

Schedule of the workshop is given below;

2 DAY PTC COURSE PROGRAMME 28th & 29th June 2011

DAY 1

| TIME | DURATION | TOPIC | SLIDE # | INSTRUCTOR |
|------------|------------|--|--------------------------|---|
| 7.50 sharp | 30 minutes | Registration | | |
| 8.20 | 15 minutes | Welcome & Recitation from Holy Quran | | Dr Rizwan & Dr Basit |
| 8.35 | 30 minutes | An over view of Trauma | | Prof Imran |
| 9.05 | 25 minutes | MCQs & Mock patient | | Dr Rizwan |
| 9.30 | 15 minutes | Introduction to PTC | 1-11 | Prof Tanveer |
| 9.45 | 30 minutes | ABCDE of Trauma and Primary survey | 12-29 | Dr Rizwan |
| 10.15 | 45 minutes | Airway and Breathing | 30-50 | Dr Kamal |
| 11.00 | 15 minutes | BREAK | | |
| 11.15 | 45 minutes | Circulation and Shock | 51-71 | Dr Mumtaz |
| 12.00 | 80 minutes | Skill stations; Basic Airway & Cervical spine Chest drains Log roll Primary survey | (20 min at each station) | Dr Kamal Prof Tanveer Prof Imran Dr Rizwan |
| 13.20 | 40 minutes | LUNCH BREAK | | |
| 14.00 | 30 minutes | Chest injuries | 87-104 | Dr Rizwan |
| 14.30 | 60 minutes | Six Case Scenarios (10 min each) | | Dr Mumtaz |
| 15.30 | 15 minutes | BREAK | | |
| 15.45 | 30 minutes | Secondary survey | 72-86 | Dr Farid |
| 16.15 | 15 minutes | Overview and summary | | Prof Tanveer / Prof Imran |

DAY 2

| TIME | DURATION | TOPIC | SLIDE # | INSTRUCTOR |
|-------|------------|--|--------------------------|---|
| 8.30 | 30 minutes | Attendance | | |
| 9.00 | 15 minutes | Abdominal trauma | 105-119 | Dr Mumtaz |
| 9.15 | 30 minutes | Head and Spinal injuries | 120-157 | Prof Tanveer |
| 9.45 | 15 minutes | Limb trauma | 158-169 | Dr Farid |
| 10.00 | 15 minutes | BREAK | | |
| 10.15 | 15 minutes | Trauma in Children | 170-184 | Dr Imran |
| 10.30 | 15 minutes | Trauma in Pregnancy | 185-191 | Dr Farid |
| 10.45 | 30 minutes | Burns | 192-204 | Dr Rizwan |
| 11.15 | 80 minutes | Skill stations; Advanced air way Triage / Discussion Helmet extrication Pelvis & C-spine Xrays | (20 min at each station) | Dr Kamal Dr Rizwan Dr Farid Dr Imran |
| 12.35 | 55 minutes | LUNCH BREAK | | |
| 13.30 | 30 minutes | Disaster management | | Prof Tanveer |
| 14.00 | 60 minutes | Six Case Scenarios (10 min each) & Triage Scenarios | | Dr Rizwan |
| 15.00 | 15 minutes | BREAK | | |
| 15.15 | 30 minutes | MCQs & Mock patient | | Dr Rizwan |
| 15.45 | 15 minutes | Summary and evaluation | | Dr Farid |
| 16.00 | 15 minutes | Concluding remarks by Executive Director PIMS | | Prof Mehmood Jamal |
| 16.15 | 15 minutes | Certificates and closing | | |