

THREE-DAYS PTC PROVIDER'S & INSTRUCTOR'S WORKSHOP AT GILGIT

6-8 JULY, 2006

PTC Northern Areas

PTC Northern areas was conducted for medical personals in the difficult area along the Karakoram Highway(KKH) hacked through the majestic Karakoram mountains range on one side and Hindukush mountains along Chitral valley. Gilgit town lies by Abbaseen river at an elevation of 1520 meters (5000 Feet) and along highway leading to China border.



Executive summary

- A team of 5 PTC (Sindh) instructors from Karachi and Jamshoro conducted Primary Trauma Care workshops (two-day Provider's course and one-day Instructor's course) at Gilgit, Northern areas, Pakistan.
- The course was organised on the request of Aga Khan Health Services Pakistan, which is part of Aga Khan development network and one of the largest non-government community oriented health care organization for the benefit of it's health care providers (Doctors, Nurses and paramedics) working in various Aga Khan Health Care Centres in Gilgit, Chitral, Hunza and adjoining areas.
- There were 25 participants from Health Centres of the Northern areas of Pakistan, working under the auspices of Aga Khan Health Services and District hospital Gilgit. The participants included doctors, Nurses and paramedics, who catered to the needs of a big population belonging to these remote and inaccessible areas.
- The Director Health Gilgit was the chief guest at the concluding session of the course. He distributed certificates to the participants. The PTC (Sindh) members were decorated with the local Chitrali cap and shields in appreciation for their efforts. In his speech he highlighted the importance of early management of trauma patient. He thanked the PTC (Sindh) for travelling all the way to Gilgit to impart the basic skills of trauma management to the local Health care providers.
- The General Manager, Aga Khan Health Services, Northern areas, Dr Abid also spoke on the occasion and extended his appreciation for the efforts of the PTC team on behalf of his Organization.



Background:

- The 3-day Provider's and Instructor's course was conducted for the selected participants from different Medical Centres of Gilgit/Chitral/Hunza and adjoining areas, run by the Aga Khan Health Services Pakistan and District Health administration Gilgit. This Course was undertaken with the cooperation and guidance of the Aga Khan Health Services Pakistan.
- Dr. Saeed Minhas of JPMC Karachi was entrusted with the responsibility of Course Director and he coordinated between the instructors to devise the program.
- Dr. Shahzad Nadeem Alam, Medical Director Aga Khan Health Services Pakistan arranged for the local support and bore the traveling and accommodation expenses of the PTC team and he accompanied PTC team from Karachi to Gilgit.

Course Faculty:

The Course faculty included

- **Dr. Saeed Minhas**, Assistant Prof. Orthopaedics, Jinnah Postgraduate Medical Centre, Karachi. **Course Director**.
- **Dr. Faisal Ghani**, Assistant Prof. Surgery, Liaquat University of Medical and Health Sciences, Jamshoro.
- **Dr. Shams Nadeem Alam**, Assistant Prof. Surgery, Dow University of Health Sciences, Karachi.
- **Dr. Nur-Ul-Haq**, Associate professor and Consultant Anaesthetist Abbasi Shaheed Hospital Karachi.
- **Dr. Shahid Shamim**, Assistant Prof. Surgery, Dow University of Health Sciences, Karachi.



Course Participants:

List of Participants of PTC Gilgit Provider and Instructors course 6th, 7th & 8th July

Twenty five doctors' nurses and paramedics were selected by to attend the **Two-day PTC Providers course. Fifteen out of these twenty five were selected for Instructor course.**



1	Dr Ghulam Haider	Instructor	Surgeon	drhaiderhunzai@yahoo.com
2	Dr Nisar Hussain	Instructor	Physician	Nisar_madaklasht@yahoo.co.uk
3	Dr Nadir Shah	Insttuctor	Anesthetist	05811-52353
4	Dr Abdul Karim	Instructor	Surgeon	drakarim7@yahoo.com 0943-470233
5	Dr Kainana	Inst	Gynecologist	413318
6	Dr Faiz Aman	Inst	Anesthetist	05811-55929
7	Dr Sher Aziz	Inst	Anesthetist	Gujalli33@yahoo.com
8	Dr Saif ur Rehman	Inst	Medical Officer	05861-58259
9	Dr M.Amin	Inst	Medical Officer	aminsaeed@hotmail.com
10	Dr Hanif	Inst	Ortho Surgeon	50253Off 55699Cl 53319Res
11	Dr Mahmmod Iqbal	Inst	Medical Officer	05812-50063
12	Dr Muhammad Imran	Inst	Surgeon	drgulapuri@yahoo.com 55426 52244
13	Ms Laila Khymani	Inst	AKHSP	
14	Ms Shabnam Khalid	Inst	Charge Nurse Gilgit	
15	Ms Qader Nissa	Instructor	Charge Nurse Chitral	
16	Mr M.Jalal	Provider	O.T Tech	
17	Mr Shah Madad	Provider	O.T Tech	
18	Mr Muzaffar	Provider	O.T Tech	
19	Mr Yakoob Shah	Provider	O.T Tech	
20	Mr Gul Rehan	Provider	ChargeNurse	
21	Ms Nasreen Mastan	Provider	Nurse	
22	Ms Saeeda	Provider	Charge Nurse	s.nageen@hotmail.com
23	Ms Shahzadi	Provider	Nurse	
24	Ms Bibi Hareer	Provider	Nurse	
25	Ms Sher Bano	Provider	Charge Nurse	

Contents and venue of the Course

The subjects which were presented during the PTC Providers/Instructor's course are outlined in the attached program. Course content was similar to what is advised in the PTC manual. The instructors used different styles of lecturing and different audiovisual aids, like PowerPoint and group discussions.

The venue was the Convention Hall at the Hotel Riviera, Gilgit situated by the side of River Abbaseen. It was a comfortable meeting hall with air-conditioning facility, multimedia projector and sound system. The meeting room was large enough to accommodate forty or more people. Besides, we could make use of several spaces on the same floor for scenarios and group discussions.

During and after the course

The participants showed great enthusiasm and were very eager in the scenarios and instruction lectures.

At the end of the course, Director General Health Northern areas, distributed the certificates to the participants. The PTC team, as a token of appreciation was decorated with the traditional Chatrali cap and shields. He assured of all possible support to the PTC team if and when required. He also thanked them for training the local doctors and health care providers in the Primary trauma care.

The inside story

Prof. Rashid Jooma received a request from Aga Khan Health Services Pakistan to arrange a workshop for doctors and nurses serving in Northern areas of Pakistan. As the weather in the northern areas of Pakistan permits air travel for a limited period only it was requested to hold this workshop in first week of July. As Prof Jooma was going out of country and Dr Shariq Ali Director PTC Sind was also out of country Dr Saeed Minhas was given responsibility to organize the course as course director. The PTC team from Karachi reached Islamabad by air. It had to travel to Gilgit the next morning by Aga Khan Health services helicopter. However, the air travel by the helicopter had to be abandoned after a 10 minutes flight from Islamabad due to the bad weather. The team then traveled by road and after a continuous overnight 17 hour journey, 600 km from Islamabad on KKH in majestic Karakoram mountain ranges, reached Gilgit at 9.00 am the next morning. The team straight got down to business and without any rest, the workshop was started at 9.30 am.



Excursion tour in afternoon was arranged for visiting PTC team to Rakaposhi Glassier and Hunza valley and historical Baltit fort. We also saw mighty Nanga Parbat Mountain on our way.

At the conclusion of the three day workshop, the team again had to take the 17 hour road journey from Gilgit to Islamabad due to the cancellation of PIA flights from Gilgit due to bad weather. Overall it was a wonderful once-in-a lifetime experience for all of us.

Dr. Saeed Minhas, FCPS
Course Director
PTC Provider's / Instructor's Course
Gilgit

July 21, 2006