

Workshop on “Bomb Blast injury patterns and care”, in collaboration with Primary Trauma Care (PTC) Pakistan.

Director General (DG) Health, Pakistan Prof Rashid Jooma and TACMIL health project of USAID, Pakistan facilitated and sponsored the course. PTC Sind provided the technical support and PTC Instructors designed and conducted this one day workshop at Lahore and Peshawar on 12th and 14th December respectively. 72 participants, including emergency care doctors, health care policy makers and hospital administrators attended the event at Lahore Pearl Continental Hotel. At Lady Reading Hospital Peshawar, 77 participants included health care providers from the city and adjoining districts of Mardan, Kohat, Charsadda, Bajjorr and Sawat, attended the workshop.

The workshops contained **lectures** on:

1. Primary Survey & ABCDE.
2. Secondary Survey
3. Bomb Blast Injury Patterns and initial management of victims of bomb blast.

This was followed by hands-on skills training on different aspects of medical care within the early hours of bomb blast injuries.

Skill stations were:

1. Air way and Breathing
2. Circulation and Shock and use of haemostatic dressings.
3. Triage
4. Radiology of Trauma cases (Chest, Spine & Pelvis)
5. Secondary survey & Log role.
6. Application of anti shock garments.
7. Scenario of primary survey

At each station a senior PTC Instructors was available and 10-15 minutes time was give to participants.

Later on an **interactive discussion On Mass Causality Incidents** was generated where participants shared their experiences and sorted solutions to the common problems that are faced during such incidences in their own working areas.

Speakers and instructors in workshop included Prof. Rashid Jooma (DG Health), Dr. Saeed Minhas (Orthopedic Surgeon, Chairman PTC Sind JPMC, Karachi), and Dr. Shahid Shamim (General Surgeon, DUHS, Karachi) facilitated in both places, while, Dr. Rizwan Naseer (DG, Rescue 1122, Lahore), Prof. S.M. Awais (Orthopedic Surgeon, Mayo Hospital, Lahore), Prof. Arif Khan (Orthopedic Surgeon, Hayatabad Hospital, Peshawar) attended in Peshawar; and, Dr. Alam Zaib Durrani (Orthopedic Surgeon, Hayatabad Hospital, Peshawar) and Brig. Ahmad Mashwani (General Surgeon, CMH, Peshawar) participated in Peshawar.

The workshop was highly appreciated by the participants and at the end of the workshop a unanimous consensus was that in today's scenario of extreme terrorism, there is an intense need of such training sessions for the emergency care providers of the country.

Participants at Lahore practicing skills



