

PTC NEWS

Edition 26

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JUNE 2010

THIS EDITION

In this edition, we feature:

- PTC Course Report - Rahim Yar Khan, Pakistan
- PTC Course Report - Facial Surgeons, Karachi

**Primary Trauma Care Course
Sheikh Zayed Medical College
Rahim Yar Khan Pakistan
14th and 15th April 2010**



A two day course was organised to introduce and teach the concepts and principles of PTC to the specialists and teaching faculty of **Sheikh Zayed Medical College Rahim Yar Khan**, remote and backward district of Punjab bordering Sindh and Baluchistan Provinces.

The course was result of an ongoing communication between PTC National Coordinator Pakistan **Prof Rashid Jooma**, **Chairman PTC Sind** and **Principle Sheikh Zayed Medical College**.

Prof Irfan Mehboob, Prof of Orthopaedic surgery was the local course coordinator. As the course participants were senior clinicians and faculty members it was decided to do extensive two day course from 8.30am to 6pm covering two day basic PTC course in one and half day and Instructors course, after lunch session on second day.

Manikins, equipments, IT support and digital imaging facilities were organised by **PTC Sind**.

Manuals and other printed material including MCQs, Evaluation forms, Certificates, registration slips etc were also arranged by **PTC Sind**.

Course Instructors:

Dr Saeed Minhas

Chairman PTC Sind & Orthopaedic Surgeon Karachi.

Dr Shams Nadeem Alam

Course Director PTC, General Surgeon Karachi.

Dr Irfan Ashraf

General Surgeon & Medical Educationist. Karachi.

Dr Faisal Hussain

Orthopaedic Surgeon Lahore.

Overall Timetable

Wednesday 14th April 2010

Arrival of PTC Instructors from Karachi and Lahore at Rahim Yar Khan by air at 8.30 am received by Hospital representatives and proceeded to Shaikh Zayed hospital.



**Inaugural Session of PTC course
at 9 am on 14th April 2010**

Inaugural session was held at comfortable auditorium of Medical College with all the college and hospital faculty present in this first session. The hall was large enough to accommodate all the participants. The hall was decorated with colourful welcome banners for PTC course Instructors and participants. PTC banners were also seen at different places of college and hospital.

Principal of Sheikh Zayed Medical College, **Professor Saeed** was the chief guest and the Medical superintendent of hospital was guest of honour.

Prof Irfan Mehboob presented Local trauma perspective and highlighted trauma conditions in Lower Punjab. **Dr Shams** delivered introductory speech and presented PTC mission and concept to

audience, and introduced Instructors. Principal S.Z Medical College in his speech appreciated the efforts of PTC teams for selecting the remote district of Punjab for PTC course and made commitment to continue this course in their hospital and district. **Dr Saeed Minhas** made presentation on Primary Survey and ABCDE of trauma. A demo scenario was also staged by the PTC Instructors. This was the last presentation of Inaugural session followed by high tea.

Only registered participants 24 in number were allowed for sessions after tea.

Participants were General Surgeons, anaesthetist, orthopaedic, Paediatric surgeon and few residents from surgery and Anaesthesia. All participants attended PTC course with great enthusiasm. All the lectures were very interactive and different methods were used with and without multimedia.



Participants took an active part at skill stations, discussions and scenarios.

Second day course was started at 8.30 am and PTC basic course was finished by lunch at 1pm. PTC Instructors course was started after lunch at 1.45 pm. Medical college faculty members and teachers were the participants, who took active part in learning and practicing teaching skills of PTC. Residents and medical officers were not involved in PTC Instructors course. Course finished at 5.30 pm followed by meeting of PTC instructors and formation of local committee and future action plan was discussed.

The course was closed by **Dr Saeed Minhas**, who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course. Following that the certificates were handed over to the participants by principal Medical College. During this final session, we received some enthusiastic remarks, and the general feeling amongst the participants was that PTC is a very good concept which deserves implementation throughout the region and beyond.

Accommodation and Social events

All visiting instructors of the course stayed in the

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Guest House. Facilities were excellent and very impressive. A very well organized gala dinner and entertaining musical night was arranged for visiting Instructors, course participants and local faculty.



Faculty left Rahim Yar Khan same evening after the course for Karachi and Lahore.

PTC Faculty with Local coordinators



Acknowledgements

We are thankful to Principal SZM College and Orthopaedic department of S Z Medical College for very good organization and hospitality.

Hilton Pharma, Effroze Pharma and others for their continuing supports in these efforts. Finally I would like to thank my fellow instructors **Dr Shams**, **Dr Irfan** and **Dr Faisal** for making all the necessary arrangements and for their invaluable input during the course. The course would not have been such a success if it were not for them.

Dr Saeed Minhas

Associate Professor Orthopaedic Surgery
Jinnah Post Graduate Medical Centre
Karachi, Pakistan

Primary Trauma Care Course Jinnah Post Graduate Medical for Maxillo facial surgeons

30th April 2010

One day **Primary Trauma Care** course was organised to introduce and teach the concepts and principles of PTC to the House surgeons and medical officers and Senior Registrars of Dental department of the Jinnah Post Graduate Medical centre, Karachi. The course was the result of an ongoing communication between PTC Sind Chairman **Dr Saeed Minhas**, and **Dr Abid Head** of Department of Dental surgery.



It was kept in mind that the level of course should not be an exhaustive exploration of clinical traumatology but to remain focused on the ABCDE of resuscitation. The format and contents of the lectures, small group discussions and the skill stations were kept realistic with the appropriate models and equipment. Teaching faculty from JPMC & DUHS participated actively.



Course organiser **Dr Abid Mahmood** actively liaised with the other Instructors of the course. Manikins, equipments, IT support and digital imaging facilities were arranged by the by Course Director **PTC Dr Saeed Minhas**. Manuals and other printed material including MCQ's, Evaluation forms, Certificates, registration slips etc were arranged by the **PTC Sind**. Participants and Instructors were provided refreshment and lunch.

Course Instructors:

Dr Saeed Minhas

Course Director Associate Professor (Current Charge) JPMC, Karachi.

Dr Abid Mahmood

Coordinator and Head of Dentistry JPMC

Dr Nadeem

Assistant Professor Anaesthesia JPMC Karachi

Dr Irfan Ashraf

Director Professional development centre SMC DUHS Karachi.

Dr Kanwal Zia

General Surgeon Dow University of Health Sciences Karachi.

PTC course was held at the comfortable Committee room in Library building with U shaped seating arrangements for lectures which made the session very interactive. Teaching aids like Flip Charts, White boards, Multimedia and Laptops were used. Four Skill stations were arranged in adjacent hall, which was large enough to accommodate all the participants and the skills stations.

Dr Saeed Minhas delivered the introductory speech and reiterated the mission of PTC UK in organizing trauma awareness, teaching, training and research in this neglected field. **Dr Abid Mahmood** delivered

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a lecture on Maxillo facial injuries, its incidence and associated injuries. Lectures were also delivered on Primary & secondary survey of trauma patient. **Dr Nadeem** took lecture on Airway and breathing management.

Skill Stations were as follows:

Basic airway, advance airway, Surgical airway, Cervical spinal immobilization, Safe Helmet extrication, Cervical spine X-rays, X-ray skull and Face. Log role, recovery position and cranial nerve examination. Realistic Scenarios on airway management and cervical injuries were also discussed.

Thirty five registered Doctors attended the one day of the Foundation PTC course with great enthusiasm. There was a balanced mix of senior and junior doctors from department of Dentistry Jinnah Post Graduate Medical Centre.

The course was closed by Course Director who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course. Certificates were awarded to the participants by the Head of Dentistry department. Later he thanked the faculty and the participants. The participants appreciated the content of the course and the efforts of the faculty especially the course organizer. They felt that the skill stations and the interactive discussions were the best learning activities.



Acknowledgements:

I am especially indebted to **Dr Rashid Jooma** Director General health and **WHO Pakistan** for their constant support which made conduction of this course possible. I hope we will be able to conduct this course regularly in future for new residents of Dental department.

Dr M. Saeed Minhas Chairman PTC Sind
Associate Professor Orthopaedic Surgery
Jinnah Post Graduate Medical Centre
Karachi, Pakistan.