

# CURRICULUM VITAE

**NAME:** DR HOWARD JOE CLEMENT KINGU

**PRESENT POSITION:** SENIOR LECTURER  
DEPARTMENT OF SURGERY

## EDUCATION:

### ADVANCED TRAINING IN PLASTIC & RECONSTRUCTIVE SURGERY:

Zehlendorf-Behring and Am Urban Hospitals, West-Berlin, **Germany** (1990-1991)

**MASTER OF MEDICINE (Surgery):** University of Dar es Salaam,  
**Tanzania** (1983-1986)

**DOCTOR OF MEDICINE:** Makerere University, Kampala, **Uganda** (1974-1978)  
University of Dar es Salaam, **Tanzania** (1979)

**INTERNSHIP:** Bugando Consultant Hospital, Mwanza, **Tanzania** (1979-1980)

## POSITIONS AND EMPLOYMENT:

NOVEMBER 2008 TO DATE: WALTER SISULU UNIVERSITY: **SENIOR LECTURER** IN GENERAL SURGERY

OCTOBER 2006 TO OCTOBER 2008: WALTER SISULU UNIVERSITY: **LECTURER** IN GENERAL SURGERY

JANUARY 1993 TO SEPTEMBER 2006: QUEEN ELIZABETH II HOSPITAL, MASERU, **LESOTHO: CONSULTANT GENERAL & SURGEON** IN CHARGE OF PLASTIC & RECONSTRUCTIVE SURGERY

OCTOBER 1986 TO DECEMBER 1992: SOKOINE REGIONAL HOSPITAL, LINDI REGION, **TANZANIA: SPECIALIST GENERAL SURGEON**

MAY 1980 TO JUNE 1983: KONDOA DISTRICT HOSPITAL, DODOMA REGION, **TANZANIA: DISTRICT MEDICAL OFFICER** AND GENERAL PRACTITIONER

## ADMINISTRATIVE RESPONSIBILITIES:

OCTOBER 2006 TO DATE: HEAD & CONSULTANT IN CHARGE; BURN UNIT AND PLASTIC & RECONSTRUCTIVE SURGERY: **NELSON MANDELA ACADEMIC HOSPITAL/ WALTER SISULU UNIVERSITY**

1993 – 2006: CONSULTANT SURGEON IN CHARGE OF THE GENERAL MALE SURGICAL WARD AND PLASTIC & RECONSTRUCTIVE SURGERY – QUEEN ELIZABETH II HOSPITAL, MASERU **LESOTHO**

1986 -1992: MEDICAL OFFICER IN CHARGE – SOKOINE HOSPITAL, LINDI **TANZANIA**

1980-1982: DISTRICT MEDICAL OFFICER – KONDOA DISTRICT, DODOMA **TANZANIA**

### **CONSULTANCIES:**

1. Part time consultant general surgeon to Maseru Private Hospital, Maseru, Lesotho (1999 – 2006)
2. Part time consultant general surgeon to Aga Khan Hospital, Dar es Salaam, Tanzania, (1991 – 1992)
3. Flying Doctors Service specialist surgeon involved in delivering specialist surgical services to southern remote Tanzania; sponsored by AMREF (1986-1992)
4. Senior External Examiner to National Medical Assistant Qualifying Examinations Mtwara, Tanzania (1986-1990)
5. Researcher on HIV incidence in Lindi Region for Ministry of Health, Tanzania (1989-1993)
6. Chief Researcher on Goiter incidence in Lindi Region, for the Nutrition Unit, Ministry of Health Tanzania (1990)

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### **CONFERENCES AND COURSES ATTENDED:**

1. 39<sup>th</sup> Annual Meeting of Surgical Research Society of Southern Africa 23-24 June 2011, University of Pretoria, Pretoria, South Africa
2. Emergency Management of Severe Burns Course (10 February 2011) College of Medicine of South Africa, Cape Town.
3. 4<sup>th</sup> Pan African Burns Conference(6-9 February 2011), Cape Town, South Africa
4. State Burns Symposium 2011 (4-5 February 2010) Cape Town
5. Doctors Orientation course: South Africa National ART Guidelines: conducted by The Foundation for Professional Development and the Department of Health: RSA (October, 2010) Mthatha
6. 38<sup>th</sup> Annual Meeting of Surgical Research Society of Southern Africa 15-16 July 2010, Walter Sisulu University, East London, South Africa
7. 15th Meeting of the International Society for Burn Injuries (ISBI) June 21-25, 2010. Istanbul, Turkey
8. State Burns Symposium 2010 (26 – 27 May 2010) Wits Medical School, Johannesburg
9. Annual South African Burns Society and Association of Plastic & Reconstructive Surgeons of Southern Africa (16 – 18 October 2009) CSIR Convention Centre Pretoria
10. 12th Caribbean and Central-American Congress on Urology (7-12 December, 2009) Havana, Cuba
11. Consolidating Research, Innovation and Technology Platforms for a Knowledge-based Economy. WSU Research Conference 2010 (18-20 August, 2010) Mthatha
12. State Burns Symposium 2009 (28 – 29 July 2009) Wits Medical School, Johannesburg
13. Wound Healing Association South Africa (WHASA) Port Elizabeth (2008)

14. Primary Trauma Care Management and Instructor's Courses (April 2005) Maseru conducted by The Primary Trauma Care Foundation
  15. Course in Disability Assessment (August 2003) Maseru, Lesotho conducted by the Foundation for Professional Development and *lifeworks*.
  16. HIV/AIDS Management Course (2003) Maseru, Lesotho conducted by The Foundation for Professional Development (Pty) Ltd
  17. Association of Surgeons of South Africa Congress (1998) University of Kwa Zulu Natal, Durban, Republic of South Africa
  18. Symposium on Management of Burns (1995) University of Pretoria, Pretoria, Republic of South Africa
  19. Seminar on Stoma therapy (1994) Pelonomi Hospital, Bloemfontein, Republic of South Africa
  20. Management & Prevention of AIDS and other STD in Primary Health Care (1991) Berlin, Federal Republic of Germany
  21. Health Education in Primary Health Care (1990) Berlin, Federal Republic of Germany
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## **AFFILIATION TO PROFESSIONAL BODIES:**

**HPCSA** Active and Member of: -

1. Association of Surgeons of South Africa (ASSA)
2. South African Burn Society(SABS)
3. Pan African Burn Society
4. Surgical Research Association of Southern Africa (SRS)
5. Association of Surgeons of East Africa (ASEA)
6. Medical Association of Tanzania (MAT)
7. Lesotho Medical Association (LMA)

## **WORKSHOPS ORGANIZED:**

1. **China** Foundation Primary Trauma Care Courses, **Taiyuan** (September, 2011)
2. **Uganda** Foundation Primary Trauma Care Courses (November 2010)
3. Primary Trauma Care Course: All Saints Hospital **Engcobo** (October 2010)
4. **China** Foundation Primary Trauma Care Courses, **Wuhan** (September, 2010)
5. Annual Registrar's Symposium 13-14 July, 2010 **East London**, South Africa

6. **Tanzania** Foundation Primary Trauma Care Courses (May and November, 2009), Mwanza and Dar es Salaam respectively.
7. Primary Trauma Care course (5 – 6 November, 2007) with an overwhelming participation of the **Mthatha Hospital Complex** and peripheral medical & nursing professionals.
8. Burns Workshop (19 October, 2007) sponsored by WSU and Dinaledi (PTY) LTD. Participants were the **Mthatha Hospital Complex** and peripheral medical & nursing professionals involved in the management of burns
9. Eastern Cape Foundation Primary Trauma Care Course (12 – 16 March, 2007) Participants were senior physicians from **Mthatha, East London** and **Port Elizabeth Hospital Complexes**. Primary Trauma Care is a course geared in training health professionals in: -
  - i. systematic assessment and treatment of severely injured patients
  - ii. knowledge, skills and attitudes of Primary Trauma Care principles
  - iii. adapting these principles to fit their hospital situation

### SELECTED PUBLICATIONS:

1. K. Ulrich Petry and **Howard Kingu**. HIV infection among pregnant women in Lindi, Tanzania, 1989-1999 *International Journal of STD & AIDS*. July 1996; Vol **7**: 265-268
2. K. Ulrich Petry, **Howard Kingu** and H. Kochel. The presence of CIN and HPV –DNA in patients attending a Gynaecological clinic in Rural Tanzania *12<sup>th</sup> International Papillomavirus Conference*.
3. A.M.O.Shonubi, A.A.Musa, O.Akiode, B.A.Salami, **H.J.C.Kingu** and SM Adnan. Mature sacrococcygeal teratoma: A case report and literature review. *West Africa Journal of Medicine April – June 2004*; Vol **23** No. **2**: 176 - 179
4. AMO Shonubi, O Akiode, AA Musa, BA Salami, **HJ Kingu** and P Mohaleroe. Thermal injuries in under – 4 year old children: the Lesotho experience. *African Journal of Medical Science* 2005; Vol. **34**: 77 –80
5. AD OlaOlorun, OM Oluwatosin, **HJ Kingu**, Burns. In Davey’s Surgery in Africa 2009. Acecool Medical Publishers, Eruwa Nigeria **3<sup>rd</sup> Ed.**: 40-46
6. **Kingu HJ**, Mazwai EL. A review of burn care at an emerging centralized burns unit. *S Afr J Surg* 2010; **48**: 53-58.
7. SK Kuria, **HJC Kingu**, SD Vasaikar, JN Mkhize, JM lisa, A Dhaffala. New fly species causing human myiasis identified in Eastern Cape, South Africa. *SAMJ* 2010; **100(9)**: 580 – 581
8. **HJ Kingu**, B Longo-Mbenza, A Dhaffala, E L Mazwai. Survival function and protein malnutrition in burns patients at a rural Hospital in Africa. *World J Surg* 2011 May 14. (Epub ahead of print).
9. Dhaffala A, Longo-Mbenza B, **Kingu HJ**, Peden M, Kafuko-Bwoye A, Clarke M, Mazwai E L. Profile of aetiological, sociodemographic, lost productivity, ethnicity and epidemiology of injury in Mthatha, South Africa. In press
10. Dhaffala A, Longo-Mbenza B, **Kingu HJC**, Larrea Fabra ME, Mazwai EL, Cathcart Roca F. Trends, epidemiology and surgical management of injury cases admitted to Intensive Care Unit of Mthatha Hospital Complex, Eastern Cape, South Africa. In press

## **ONGOING RESEARCH:**

1. A study on the epidemiology of burns in patients admitted to the Nelson Mandela Academic Hospital Burns Unit (Jan 2006 to date) awarded WSU research grant for 2010 – 2011.
2. An investigation of factors associated with morbidity and mortality in burn patients admitted at Nelson Mandela Academic Hospital over an 18 – month period (Jan 2010 – Dec 2011) awarded the Medical Research Council grant for 2010 – 2011.
3. An overview of reconstructive options following complicated ritual circumcision in Eastern Cape, South Africa
4. Maggot Debridement Therapy
5. Investigating the safety of fish harvested from dams in O. R. Tambo municipality for human consumption
6. A translational study of the mTOR signaling pathway in AIDS – defining malignancies occurring in HIV - infected American and South African patients : a collaborative study with the University of California, San Diego ,USA
7. Experience in the management of challenging wounds using Wound Vac at the Mthatha Hospital Complex , Mthatha South Africa
8. Congenital cleft lip profile at the Nelson Mandela Academic Hospital (Oct 2006 to date)
9. Human Bites of involving lips in Mthatha