



**Primary Trauma Care Course,  
Jinnah Post Graduate Medical  
For Maxillo facial surgeons**

**30<sup>th</sup> April 2010**

One day Primary Trauma Care course was organised to introduce and teach the concepts and principles of PTC to the House surgeons and medical officers and Senior Registrars of Dental department of the Jinnah Post Graduate Medical centre, Karachi. The course was the result of an ongoing communication between PTC Sind Chairman Dr Saeed Minhas, and Dr Abid Head of Department of Dental surgery.



It was kept in mind that the level of course should not be an exhaustive exploration of clinical traumatology but to remain focused on the ABCDE of resuscitation. The format and contents of the lectures, small group discussions and the skill stations were kept realistic with the appropriate models and equipment. Teaching faculty from JPMC & DUHS participated actively.



Course organiser Dr Abid Mahmood actively liaised with the other Instructors of the course. Manikins, equipments, IT support and digital imaging facilities were arranged by the by Course Director PTC Dr Saeed Minhas. Manuals and other printed material including MCQ's, Evaluation forms, Certificates, registration slips etc were arranged by the PTC Sind. Participants and Instructors were provided refreshment and lunch.

### **Course Instructors:**

Dr Saeed Minhas Course Director Associate Professor (Current Charge) JPMC, Karachi.

Dr Abid Mahmood Coordinator and Head of Dentistry JPMC

Dr Nadeem Assistant Professor Anaesthesia JPMC Karachi

Dr Irfan Ashraf Director Professional development centre SMC DUHS Karachi.

Dr Kanwal zia General Surgeon Dow University of Health Sciences Karachi.

PTC course was held at the comfortable Committee room in Library building with U shaped seating arrangements for lectures which made the session very interactive. Teaching aids like Flip Charts, White boards, Multimedia and Laptops were used. Four Skill stations were arranged in adjacent hall, which was large enough to accommodate all the participants and the skills stations.

Dr Saeed Minhas delivered the introductory speech and reiterated the mission of PTC UK in organizing trauma awareness, teaching, training and research in this neglected field. Dr Abid Mahmmod Delivered a lecture on Maxillo facial injuries, its incidence and associated injuries. Lectures were also delivered on Primary & secondary survey of trauma patient. Dr Nadeem took lecture on Airway and breathing management.

Skill Stations were as follows:

Basic airway, advance airway, Surgical airway, Cervical spinal immobilization, Safe Helmet extrication, Cervical spine X-rays, X-ray skull and Face. Log role, recovery

position and cranial nerve examination. Realistic Scenarios on airway management and cervical injuries were also discussed.

Thirty five registered Doctors attended the one day of the Foundation PTC course with great enthusiasm. There was a balanced mix of senior and junior doctors from department of Dentistry Jinnah Post Graduate Medical Centre.

The course was closed by Course Director who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course. Certificates were awarded to the participants by the Head of Dentistry department. Later he thanked the faculty and the participants. The participants appreciated the content of the course and the efforts of the faculty especially the course organizer. They felt that the skill stations and the interactive discussions were the best learning activities.



*Acknowledgements:*

I am especially indebted to Dr Rashid Jooma Director General health and WHO Pakistan for their constant support which made conduction of this course possible. I hope we will be able to conduct this course regularly in future for new residents of Dental department.

**Dr M. Saeed Minhas Chairman PTC Sind  
Associate Professor Orthopaedic Surgery  
Jinnah Post Graduate Medical Centre  
Karachi, Pakistan.**