

PTC REPORT

3rd PIMS PTC Workshop, June 28-29, 2011

We are proud to submit the report of two day PTC provider workshop, conducted by the department of Orthopaedics in collaboration with the department of General Surgery at Pakistan Institute of Medical Sciences (PIMS), Islamabad.

The purpose of the course was to introduce and teach the fundamental principles of primary trauma care. Keeping in view the current geopolitical situation the importance of such a course cannot be underestimated. A six member team of PTC instructors hailing from different hospitals of Islamabad conducted the workshop. 28 participants including both senior and junior doctors from the surgery & allied specialties were selected for the course.

Dr. Imran Sikandar Khan, Professor of Orthopaedics was the course director, with Dr. Tanveer khaliq Professor of General Surgery & Dr Rizwan H. Malik were the co-ordinator. The course comprised of theoretical sessions and hands on training stations for basic life saving skills as prescribed by Primary Trauma Care Foundation and group discussions. Every effort was made to learn from previous experiences and to maintain the appropriateness of the course to local needs.

Following is the list of participants;

DrZubair Ahmed Memon	Dr Shujaat Ali Shah
Dr Rida	Dr Syed Imtiaz Ali Shah
Dr Sana Sharafat	Dr Javeria Usman
Dr Sumair Nasim	Dr Nousheen Saleem
Dr Zofishan Jabeen	Dr Shaista Zafar
Dr Hena Hidayat	Dr Ana Jalil
Dr Naveed Gul	Dr Syed Tanseer Asghar
Dr Nadeem Qureshi	Dr Yasir Habib
Dr Kashif	Dr Muhammad Hanif
Dr Seema Shafiq	Dr Faisal Qayyum
Dr Naveed Ahmed	Dr Amra Farrukh
Dr Asif Raza	Dr Shah Hussain
Dr Abdul Razzaq	Dr Muhammad Zubair
Dr Imtiaz ul Haq	Dr Abdul Basit Alkamali

Following instructors were involved in delivering lectures and hands on training;

Prof Imran Sikandar Khan FRCS, Professor and Head of Department of Orthopaedics.
Prof Tanveer Khaliq FRCS, Professor of General Surgery.
Dr Kamal Nasir FRCA, Associate Professor of Anesthesia.
Dr Rizwan Hameed Malik FRCS, Assistant Professor of Orthopaedics.
Dr Mumtaz Niazi FCPS, Assistant Professor of General Surgery.
Dr Farid Zimri FCPS, Consultant Orthopaedic Surgeon.

The workshop was a great success both in terms of involvement of participants and dedication of the instructors. All the participants showed keen interest and enthusiasm despite the exhaustive schedule of the workshop. This was reflected in the improvement in their Post workshop MCQ scores. The pre -

course MCQ mean score was 5/10 and post-course MCQ mean score was 8/10. Please check out the video recording of 'management of Mock patient' by clicking the following links;
pre-training <http://www.youtube.com/watch?v=qqKaIXJfgdI>
& post training <http://www.youtube.com/watch?v=OM1hE1W0-aI>

Workshop was also widely reported in local and national electronic and print media, scanned copy of news report is also attached herewith. The closing ceremony was attended by Professor Mehmood Jamal, Executive Director Pakistan Institute of Medical sciences. He appreciated the efforts of organizers and stressed the need for arranging similar workshops more frequently.

In general, the course was appreciated and according to the feedback given by the participants, they wanted more time for the practical stations. Practical stations were areas that simulated interest. Most of the participants suggested that PTC like courses should be held routinely. An interesting feature of the course was the mock patient scenario which was actively participated.

Schedule of the workshop is given below;

2 DAY PTC COURSE PROGRAMME 28th & 29th June 2011

DAY 1

TIME	DURATION	TOPIC	SLIDE #	INSTRUCTOR
7.50 sharp	30 minutes	Registration		
8.20	15 minutes	Welcome & Recitation from Holy Quran		Dr Rizwan & Dr Basit
8.35	30 minutes	An over view of Trauma		Prof Imran
9.05	25 minutes	MCQs & Mock patient		Dr Rizwan
9.30	15 minutes	Introduction to PTC	1-11	Prof Tanveer
9.45	30 minutes	ABCDE of Trauma and Primary survey	12-29	Dr Rizwan
10.15	45 minutes	Airway and Breathing	30-50	Dr Kamal
11.00	15 minutes	BREAK		
11.15	45 minutes	Circulation and Shock	51-71	Dr Mumtaz
12.00	80 minutes	Skill stations; Basic Airway & Cervical spine Chest drains Log roll Primary survey	(20 min at each station)	Dr Kamal Prof Tanveer Prof Imran Dr Rizwan
13.20	40 minutes	LUNCH BREAK		
14.00	30 minutes	Chest injuries	87-104	Dr Rizwan
14.30	60 minutes	Six Case Scenarios (10 min each)		Dr Mumtaz
15.30	15 minutes	BREAK		
15.45	30 minutes	Secondary survey	72-86	Dr Farid
16.15	15 minutes	Overview and summary		Prof Tanveer / Prof Imran

DAY 2

TIME	DURATION	TOPIC	SLIDE #	INSTRUCTOR
8.30	30 minutes	Attendance		
9.00	15 minutes	Abdominal trauma	105-119	Dr Mumtaz
9.15	30 minutes	Head and Spinal injuries	120-157	Prof Tanveer
9.45	15 minutes	Limb trauma	158-169	Dr Farid
10.00	15 minutes	BREAK		
10.15	15 minutes	Trauma in Children	170-184	Dr Imran
10.30	15 minutes	Trauma in Pregnancy	185-191	Dr Farid
10.45	30 minutes	Burns	192-204	Dr Rizwan
11.15	80 minutes	Skill stations; Advanced air way Triage / Discussion Helmet extrication Pelvis & C-spine Xrays	(20 min at each station)	Dr Kamal Dr Rizwan Dr Farid Dr Imran
12.35	55 minutes	LUNCH BREAK		
13.30	30 minutes	Disaster management		Prof Tanveer
14.00	60 minutes	Six Case Scenarios (10 min each) & Triage Scenarios		Dr Rizwan
15.00	15 minutes	BREAK		
15.15	30 minutes	MCQs & Mock patient		Dr Rizwan
15.45	15 minutes	Summary and evaluation		Dr Farid
16.00	15 minutes	Concluding remarks by Executive Director PIMS		Prof Mehmood Jamal
16.15	15 minutes	Certificates and closing		